

# Zinc

## 25 mg. Food-Grown Zinc

- Supports cellular metabolism\*
- Promotes healthy immune response\*
- Encourages reproductive health\*
- Enhances healthy aging\*

Zinc is a biologically-essential trace mineral that influences all aspects of human physiology. It is required for metabolic health, immune response, reproductive health, and many other biochemical functions. Zinc is critical for almost every aspect of cellular health. Because of its profound influence on a large number of important biological processes, zinc supports homeostasis and enhances healthy aging. Natura's Naturized® Zinc is a highly bioavailable form that offers zinc within a food matrix to optimize absorption and utilization by the body.\*



## Supplement Facts

Serving Size: 1 capsule  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Zinc (from <i>S. cerevisiae</i> ) ◀◀	25 mg	227%

Other Ingredients: Vegetable Capsules (Hydroxypropyl Methylcellulose, Water), Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.  
◀◀ Naturized® Food-Grown Nutrient

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts

Available in 60 capsules

SUGGESTED USE: 1 capsule daily or as directed by your healthcare practitioner

### Broad-Spectrum Benefits of Zinc

Zinc is vital for almost all physiological processes. It is required for nearly every aspect of cellular health – influencing cellular structure, function, and metabolism. As the only metal that is a coenzyme to all classes of enzymes, zinc is a key component of over 300 metalloenzymes. Zinc helps maintain the structural integrity of DNA and assists in the quenching of free radicals through its antioxidant activity. It also helps maintain a healthy immune system, enhancing both innate and adaptive immunity.\*

Zinc assists in normal tissue formation and is essential for growth and physical development. As an important mineral, it is also required for the metabolism of proteins, fats, and carbohydrates. Zinc promotes healthy reproductive and neurological function, encourages healthy inflammatory response, and supports the body's natural repair processes.\*

### Naturized® Food-Grown Zinc

Human physiology is designed to obtain nutrients from plants and whole foods. Whole foods contain a complex array of vitamins, minerals, phytochemicals, enzymes, and other beneficial compounds. These essential nutrients and cofactors enhance cellular health, cell-signaling, enzyme system response, and other activities that support physiological homeostasis.\*

Naturized® nutrients are designed to emulate whole foods while delivering a higher concentration of specific vitamins or minerals than what could be obtained from food. Naturized® Zinc is food-grown, which offers enhanced bioavailability and delivery via a food matrix. This matrix includes peptide carriers and cofactors naturally occurring in foods that act as chaperones, delivering zinc directly to the cells and tissues of the body. The end result is a highly bioavailable form of zinc that offers optimal absorption.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

