

# Vital Adapt®

## A Daily Nourishing Adaptogenic Tonic\*

- Nourishes adrenal and endocrine function\*
- Improves energy and well-being\*
- Optimizes stress protection and resilience\*
- Builds mental and physical vitality\*

Vital Adapt® is a nourishing, broad-spectrum herbal tonic designed to optimize the body's natural resistance and adaptation to stressful influences, while promoting health, longevity and total well-being. It features potent extracts of many well-known adaptogenic botanicals including Eleuthero, Rhodiola, Schisandra and Ashwagandha. The ingredients work synergistically to support healthy function of the body's natural processes while providing vital energy and promoting hormonal balance.\*



## Supplement Facts

Serving Size: 2 capsules or 2 ml (2.5 dropperfuls)  
Servings Per Container: 30 (caps), 59 (4oz), 236 (16oz)

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1g	<1%*

**Proprietary Formula:** 2ml\*\* (1446 mg Herb Weight Equivalence)

Eleutherococcus senticosus Root Ext. (Organic)
Schisandra chinensis Berry Ext. (Organic)
Fresh Ashwagandha (Withania somnifera) Root Ext. (Organic)
Rhodiola rosea Root Ext.
American Ginseng (Panax quinquefolius) Root Ext.
Rosehip (Rosa canina) Fruit Ext. (Organic)
Reishi Mushroom (Ganoderma lucidum) Ext. (Organic)
Cordyceps (Cordyceps militaris) Fruiting Body Ext. (Organic)
Hawthorn (Crataegus laevigata or monogyna) Leaf, Flower and Berry Ext. (Organic)
Turmeric (Curcuma longa) Root Ext. (Organic)
Green Tea (Camellia sinensis) Leaf Ext. 95% Polyphenols
Elderberry (Sambucus nigra) Fruit Ext. (Organic)
Licorice (Glycyrrhiza glabra) Root Ext. (Organic)
Ginger (Zingiber officinale) Root Ext. (Organic)
Grape (Vitis vinifera) Seed Ext. 95% Polyphenols
Grape (Vitis vinifera) Skin Ext. 50% Polyphenols

\* Percent Daily Values are based on a 2,000 calorie diet  
\*\* Daily Value Not Established

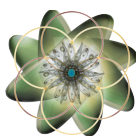
Other Ingredients: Vegetable Glycerin, Deionized Water, Grain Alcohol (20%-30% by Volume), Luo Han Guo Fruit, Fennel Essential Oil.

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame.

Available in 4 and 16 fluid ounces or 60 capsules

SUGGESTED USE: 2 ml (2.5 dropperfuls) or 2 capsules, two times daily, or as directed by your healthcare practitioner.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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## FEATURING

### Eleuthero

Vital Adapt® contains a unique, clinically-researched extract of Eleuthero (Russian 1:1 concentrate) that has been proven to increase the body's ability to withstand adverse physical conditions. Eleuthero is perhaps the most widely-researched adaptogenic herb, found to enhance job productivity, mental performance, concentration and alertness.\*

### Schisandra

Schisandra has a long history of use in China, Japan, Korea, Tibet and Russia. Vital Adapt® contains Schisandra seed extract in addition to the fruit extract. The seed extract is found to contain some of the most powerful adaptogenic compounds. The seed extract paired with the fruit extract offers the unique property of stimulating the central nervous system without causing over-excitation. This translates into a balanced, strong and enduring sense of mental and physical vitality.\*

### Rhodiola

Rhodiola is a popular adaptogenic tonic that promotes health and vitality. Rhodiola extract helps promote a calm emotional state and supports strong mental performance. It contains an assortment of constituents that encourage a healthy brain, optimal immune system function and hormonal balance. Used regularly, it enhances the body's natural resistance and adaptation to stressful influences while promoting mental endurance and metabolic efficiency.\*

### Ashwagandha

Referred to as "Indian Ginseng," Ashwagandha is revered in Ayurvedic medicine for its remarkable ability to promote mental and physical vitality and stamina. Ashwagandha promotes metabolic efficiency and a general sense of well-being when combined with the synergistic herbal ingredients found in Vital Adapt.\*

### Cordyceps and Reishi

These mushrooms are both highly regarded in Chinese medicine to nourish the kidney energy system and support adrenal function. Both Reishi and Cordyceps also help to protect the body when it is subject to environmental challenges.\*

### Green Tea and Turmeric

Green tea extract and Turmeric work together synergistically. Both of these valued traditional herbs help maintain and support healthy cellular function while providing protection against environmental stressors.\*

Our specialty ingredients are certified by analysis for purity and potency, and this product is manufactured under current Good Manufacturing Practices (cGMP).



23-04-039