

# Serenoa Supreme™

## Promotes Healthy Prostate Function\*

- Helps maintain normal PSA levels\*
- Supports normal urinary flow and nocturnal frequency\*
- Encourages healthy prostate-related hormone metabolism\*

Serenoa Supreme™ combines potent nourishing and tonifying plant extracts with essential nutrients needed for comprehensive support of the reproductive and urinary systems, especially the male prostate gland. Featuring a lipidic extract of Saw Palmetto (*Serenoa repens*) standardized to 85% fatty acids, Serenoa Supreme™ supports prostate function through the modulation of important enzyme systems, oxidative activity, and the inflammatory response function in the body.\*



## Supplement Facts

Serving Size: 2 softgels  
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Zinc (as Zinc Bisglycinate Chelate†)	6 mg	55%
Selenium (as Selenium Glycinate Complex)	33 mcg	60%
Saw Palmetto ( <i>Serenoa repens</i> ) Berry Ext.	346 mg	*
Nettle ( <i>Urtica dioica</i> ) Root Ext.	200 mg	*
Varuna ( <i>Cratava nurvala</i> ) Bark Ext. (Cratavin®)	166 mg	*
Pumpkin ( <i>Cucurbita pepo</i> ) Seed Oil	130 mg	*
Pygeum ( <i>Pygeum africanum</i> ) Bark Ext.	40 mg	*
Tomato ( <i>Lycopersicon esculentum</i> ) Fruit 6% Lycopene Ext. (Lyc-O-Mato®)	10 mg	*
Black Pepper ( <i>Piper nigrum</i> ) Fruit Ext. (BioPerine®)	3 mg	*

\* Daily Value Not Established

Other Ingredients: Softgel Shell (Non-GMO Corn Starch, Carrageenan, Glycerin, Sorbitol, Purified Water, Caramel Color), Extra Virgin Olive Oil, Yellow Beeswax, Sunflower Seed Lecithin.

† Chelate supplied by Albion Human Nutrition.

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame

Available in 60 softgels

SUGGESTED USE: 2 softgels 2 times daily or as directed by your healthcare practitioner.

## FEATURING

### Saw Palmetto

Saw Palmetto has a long history of use in traditional medicine for supporting various systems in the body, including the respiratory and the genito-urinary system. Its most pronounced effects are exerted upon the urogenital tracts and reproductive organs. Its actions support a normal condition, reducing parts when naturally enlarged, yet increasing them when decreased in size.\*

### Nettle

Nettle root is widely used in Europe to support healthy prostate and urinary system function. The phytosterols found in the root are potent cell-activators and help support healthy inflammatory response function. Nettle root and Saw Palmetto are combined together in European traditions to support male urogenital function.\*

### Cratavin®

Cratava nurvala is valued in Ayurvedic medicine for its ability to support healthy urinary tract and bladder function. Research shows that Cratava possesses the ability to increase the tone of smooth muscle and skeletal muscle. It is also effective in maintaining healthy bladder sensitivity.\*

### Pumpkin Seed Oil

Monographs produced by the German Commission E document the usefulness of Pumpkin Seed Oil for supporting healthy prostate function. Clinical evaluations have confirmed that it supports healthy urinary tract function.\*

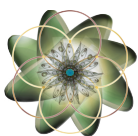
### Pygeum

The bark of *Pygeum africanum*, a tree found in central and southern Africa, has been used for thousands of years to support healthy bladder and urination function. Numerous human studies confirm that Pygeum significantly supports healthy urinary tract function.\*

### Lyc-O-Mato®

Lycopene is a bright red carotenoid pigment found in tomatoes and in red fruits and vegetables. Carotenoids provide protection against oxidative damage to cells and also stimulate immune function. Studies have shown lycopene to be 100 times more efficient in quenching free radicals than vitamin E.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Our specialty ingredients are certified by analysis for purity and potency, and this product is manufactured under current Good Manufacturing Practices (cGMP).



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