

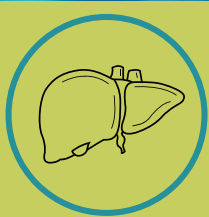
# NATURIZED® FOOD-GROWN IRON AND BOTANICAL TONIC



Supplies food-grown, bioavailable iron\*



Botanicals improve absorption and enhance iron uptake\*



Well-tolerated; helps liver release stored iron\*



"Iron Synergy® fills a huge void in treating blood deficiency by providing a Naturized® food-grown form of gentle and highly-absorbable iron, combined with blood-building, moving, and purifying herbal extracts."

- Donnie Yance, CN, RH (AHG), Founder and Formulator of Natura Health Products®

## IRON SYNERGY®

is a true blood tonic, nourishing the bone marrow through a synergy of food-grown iron and blood-building tonic herbs.

Through the Naturized® process, it becomes rich in iron by going through a natural growth period that results in the nutrient becoming fully integrated into the whole-food matrix, virtually mimicking nature. This naturally facilitates its absorption, bioavailability, and bioactivity.\*

## IRON SYNERGY®

is a whole-food Naturized supplement rather than an isolate.

Using patented "biogurt" (BIOGROWN® Lactobacillus), nutrients are incorporated into the biological system of a natural bacteria native to the digestive system.

This allows the formula to interact with human biology to generate robustness, (tropho) restoration, and encourage self-auto-regulation and self-organization, creating an easily digested, highly absorbable, whole iron complex.\*



### Beet Juice Extract

- Naturally occurring Vitamin C
- Quenches free radicals
- Modulates Inflammation



### Yellow Dock Root

- Naturally occurring Vitamin A & C
- Helps liver release stored iron



### Dong Quai

- Enriches blood and nourishes health
- Possesses moistening qualities that help to reduce occurrence of constipation
- Considered the primary uterine herb in TCM



### Rehmannia Root

- Naturally occurring Vitamin C
- Quenches free radicals
- Modulates inflammation

## INFORMATION FOR PATIENTS



### Benefits

- Promotes healthy iron levels\*
- Supplies food-grown, bioavailable iron\*
- Encourages iron assimilation\*
- Builds blood to support overall health\*



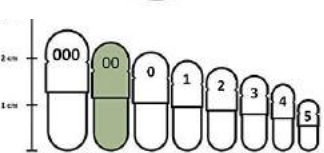
### Dosing

- 1 capsule; 1-3 times per day. Take without food (1 hour before or 2 hours after meals). Consume ascorbic acid to enhance absorption. Avoid taking with caffeine or dairy.



### Affordability

~ \$0.76 per day



CAPSULE SIZE CHART

WARNING: Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center (1-800-222-1222) immediately.



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.